



**Training  
(UK) Ltd**

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## **Manual Handling/Risk Assessment**

The European Community Manual Handling Regulations first became law on 1st January 1993 and concerns the minimum Health & Safety Requirements where there is a risk, particularly of back injury, to workers.

This course is designed to assist companies to comply with their duties by training of personnel, so that they will be in a position to conduct the risk assessments required & fully complies with the 1992 Manual Handling Operations Regulations.

### **Who Should Attend**

In the first instance we recommend people who are ideally in a Supervisory position since they will by implication, have knowledge of their specific work area.

### **Course Content**

#### **Outline Of The Health & Safety At Work Act**

#### **Manual Handling Regulations Outlining Areas Such As The Task, The Load, Equipment, Working Conditions & Employees**

#### **Types Of Accidents Caused By Incorrect Handling**

#### **Handling And Lifting Techniques**

#### **Risk Assessment Followed By Advice On Remedial Action**

#### **Maintaining Necessary Records**

A room will be required capable of seating the candidates for the classroom periods whilst practical sessions consists of identification of Risks, possible corrective action and necessary record keeping required by the Regulations.

Trainees will receive a certificate of attendance.

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